

# Stretch\*d Flatiron

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Phone: (212) 548-6500

Stretch\*d's Flatiron studio (near Chelsea) in Manhattan offers expert-assisted stretching and recovery services designed to help you move better, feel better, and recover faster. Our one-on-one sessions, led by skilled Stretchers in private rooms, are tailored to improve flexibility, reduce stiffness, and enhance range of motion. Whether you're recovering from a workout, easing tension from long hours at a desk, or looking to de-stress, our services cater to every body and lifestyle. We also offer Face\*, a non-invasive face massage that uses lymphatic drainage and targeted techniques to sculpt, lift, and relieve facial tension. Perfect for relaxation, boosting circulation, and alleviating TMJ symptoms, Facessage is a great way to refresh and

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recharge. Conveniently located near Madison Square Park, our Flatiron/Chelsea studio is the ideal destination for personalized recovery services. Book your session today and discover how assisted stretching can transform your wellness

routine. Website:

<https://stretchdspace.com/> Phone Number:

(212) 548-6500

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